



THE LOIRE BY BIKE - SAINT-NAZAIRE LOOP Saint-Nazaire town centre

9km 45 minutes

Departure: Train station, Place Pierre Sémard -Saint-Nazaire

Arrival: Train station, Place Pierre Sémard -Saint-Nazaire

Characteristics:

- Route through the town
- Seaside route
- Follow the Loire à Vélo signposting



Saint-Nazaire Tourist Office (44600)

12, Bd de la Légion d'Honneur
Tel. +33 (0)2 40 22 40 65
www.saint-nazaire-tourisme.com - contact@saint-nazaire-tourisme.com



BIKE RENTAL COMPANIES

- Vélycéo - 8, place Pierre Sémard - Saint-Nazaire Tel. +33 (0)800 10 51 10
- Self-service electric bicycles (VAE)
Submarine base - Bd de la Légion d'Honneur - Saint-Nazaire
train station- Place Pierre Sémard - Saint-Nazaire

Let yourself go along the Loire à Vélo loop in Saint-Nazaire: a 10 km ride for a breathtaking discovery of the Loire estuary from a unique angle! A very pleasant cycle path will take you along the seafront to the Place du Commando, the festive and friendly heart of the town.

TO SEE ON THE WAY...

• Art in the city

Saint-Nazaire is a colourful place to be! For several years now, the city has given artists carte blanche to paint many of its buildings. On your route you will come across a giant eagle, the work of the Chinese artist Daleast, and a monumental Toqué Frères liner painted as a tribute to the city of Saint-Nazaire for the event The Bridge, on Rue Ferdinand Lesseps. A complete map of the artworks is available at the Tourist Office.

• The fisheries

Most of these fisheries are carefully maintained and come alive when their owners come fishing here, depending on the weather and tidal range. You can then see the carrelets in action, the large square nets are lowered and raised to catch fish and shellfish. At low tide, don't hesitate to walk on the sand, underneath these typical huts from this part of the coast.

• The Sammy

What is this monumental statue that adorns the Saint-Nazaire waterfront? This American soldier carried by an eagle commemorates the arrival of American troops in Saint-Nazaire during the First World War, from 1917. It is the work of American sculptor Gertrude V. Whitney, and it has had an eventful history: inaugurated in 1926, demolished in 1941 by German troops, and finally rebuilt as an exact copy in 1989.

• Le Pied, le Pull-over et le Système Digestif

Daniel Dewar and Grégory Gicquel's 'The Foot, the Pullover and the Digestive System' is a set of three monumental sculptures, that are more or less under water depending on the tides. This new permanent work of the 'Estuaire' itinerary, created in situ, is the culmination of the development of the Commando Square, which has become a great new place to meet up!

FIND OUT MORE...

• Escal'Atlantic, the adventure of the legendary liners

Tel. +33 (0)2 28 540 640 - www.saint-nazaire-tourisme.com - visite@saint-nazaire-tourisme.com

In the heart of the submarine base, Escal'Atlantic invites you to come and explore the world of transatlantic liners. The tour, inspired by the architecture of an ocean liner, reveals the secrets of these legendary ships, from the daily life of the passengers to the secrets of the engine room. Visitors explore the decks and passageways, dream up on the deck, discover collectors' items, treasures from Normandy or France... this is an unforgettable experience.

Opening period: all year round except in January - Self-guided tour - duration 1.5 to 2 hours
Reservations are compulsory.

CONTINUE ON YOUR WAY...

- Itinerary n°15 "Saint-Nazaire-Pornichet along the coast"
- Itinerary n°17 "From the sea to the Briere"





LA LOIRE À VÉLO - SAINT-NAZAIRE LOOP

LA BAULE
PRÉSQU'ÎLE DE
GUÉRANDE
TOURISME

An icon bar at the bottom of the page contains several elements: a red bicycle, a small map of France with the text 'Carte de France' and 'Carte de la France', a blue rectangle with '9 km' written in white, and a red circle with '45 minutes' written in white.



3
4) 45 minutes

Town centre of Saint-Nazaire

16

The map of Saint-Nazaire features a vibrant orange background with green streets and yellow buildings. Key landmarks include:

- Neighborhoods:** La Berthauderie, Toutes-Aides, Le Petit Caporal, Centre-Ville, Hôtel de ville, Ville-Port, Jardin des Plantes, Grande Plage, and Rade de Saint-Nazaire.
- Transportation:** A red bicycle icon indicates cycling routes, and a red car icon indicates parking areas.
- Attractions:** Icons for historical sites like the Phare du Vieux Môle and the Feu de la Jetée Ouest, as well as modern facilities like the Base Sous-Marine Escal'Atlantic.
- Geography:** The map shows the Rade de Saint-Nazaire, the Grande Plage, and the Jetées Ouest and Est.

A prominent green line traces an itinerary route from the sea to Brière, passing through various parts of the city. An inset map in the bottom right corner shows the location of Saint-Nazaire within the Loire-Atlantique region of France.

Itinerary n°15

Saint-Nazaire - Pornichet along the coast

Plage de Villès-Martin

are à Terre de Villèle-Martin



0 250 500 m

■ Main route on a cycle path

■ Main route on a quiet road