



## THE SOUL OF THE FISHERMEN La Turballe



**Departure:** Place Charles de Gaulle - La Turballe

**Arrival:** Place Charles de Gaulle - La Turballe

Characteristics:

- Itinerary on quiet roads and cycle paths
- CAP à Vélo route

- Follow the signs: **10**

**La Turballe Tourist Office (44420)**  
Place Charles-de-Gaulle Tel. +33 (0)2 40 24 34 44 -  
contact@labaule-guerande.com  
www.labaule-guerande.com/la-turballe.html

After cycling along the fishing port where the trawlers return with their cargo of fish, you will head to the seafront to the Pointe de Pen Bron along the cycle path.

You will be riding close to the natural site of Pen Bron, property of the Conservatoire du Littoral (French coastal protection agency) and a Natura 2000 site on a European scale. At the end of the sandy spit, you will see the strait, the shellfish farming basin and the quays of the town of Le Croisic.

### TO SEE ON THE WAY..

#### • La Turballe, a fishing village

La Turballe is first mentioned in writings that date back to 1452. At that time it was not yet a town, but a group of a few houses on the top of the dune. It was the ever-growing fishing activities that enabled La Turballe to be recognised as a commune in 1865. Now known for its booming fishing trade, La Turballe offers visitors a magnificent landscape and numerous explorations, notably thanks to its 9 km of beach.

#### • The 'Maison de la Pêche' museum

Terrace at the Centre de Marée (Tidal Centre) - Tel. +33 (0)2 40 11 71 31  
Come and discover, above the fish market, the association 'Au Gré des vents' community centre. There is an exhibition here to learn about the maritime environment of La Turballe during a self-guided tour that covers various topics, including the history and evolution of the port, the canneries of La Turballe, the fishing trade today (professions, fishing techniques) and a replica of the bridge of a modern trawler. Organisation of activities to showcase local expertise: seamanship workshop, 'P'tit mousse' workshop and 'Nom d'un poisson' workshop, a tour of the port and the fish market, a tour of the sardine factory 'Au gré des vents'.  
Opening period: all year round.

#### The Bois de Boule

The Bois de Boule is an invitation to discover the many local products from the farms and livestock farms in the area. The Bois de Boule farm specialises in the breeding of rabbits and chickens. Find the various products from the Peninsula directly on the farms, and on the markets where you can expect an explosion of colours and flavours.

### FIND OUT MORE..

#### • The Pointe de Pen Bron

The Pen Bron site is in the commune of La Turballe, between the Guérande salt marshes, the Le Croisic straits and the Atlantic Ocean. From an ecological and landscape point of view, it is the most remarkable dune massif on the Loire-Atlantique coast. This natural area is part of the listed Guérande salt marshes site and as such benefits from significant landscape protection. Thanks to its great ecological wealth, it is also part of the Natura 2000 network, which aims to halt the loss of biodiversity.

The Conservatoire du Littoral owns part of the Pen Bron dune, which gives it lasting protection.

### CONTINUE ON YOUR WAY..

- Itinerary n°7 "From Mès to the Petite Cité de Caractère (charming little town)".
- Itinerary n°9 "From the medieval city to the marshes"



### BICYCLE RENTAL COMPANIES

- Océan cycles - 3b rue du four - La Turballe Tel. +33 (0)6 52 91 62 12
- Hotel Les Chants d'Ailes - 11 boulevard Bellanger La Turballe - Tel +33 (0)2 40 23 39 87





LA BAULE  
PRESQU'ÎLE DE  
GUÉRENDE  
TOURISME

# THE SOUL OF THE FISHERMEN *La Turballe*



20 km



1 hour 30

